

BROCCOLI SLAW

Prep: 40 mins - Serves 4 - A little effort

1 red onion

6 tbsp cider vinegar

2 tbsp dried cranberries

1 broccoli

1 fennel bulb

1 tsp fennel seeds

For the mayo:

1 egg yolk

1 tsp mustard

100ml sunflower oil

1 tbsp cider vinegar

1 tbsp poppy seeds

1 thumb-sized piece of ginger

lemon juice, to taste

salt and pepper

- 1. Peel and finely slice the onion. Put into a bowl, add the vinegar and toss. Set aside and leave to marinate for 30 minutes.
- 2. Put the cranberries into a small bowl and cover with warm water. Leave to soak for 15 minutes.
- 3. Cut the broccoli florets off the stem and discard the stem (it can be used for juicing). Trim the fennel bulb.
- 4. Grate the broccoli and the fennel using the grating attachment of a food processor (alternatively, grate it with the coarse side of a box grater). Put into a serving bowl.
- 5. For the mayonnaise, put the egg yolk and mustard into a bowl and beat with an electric whisk. Slowly add the sunflower oil in a thin, steady stream while beating vigorously. Once you have a smooth mayonnaise, add the cider vinegar and poppy seeds.
- 6. Peel and finely grate the ginger and add to the mayonnaise. Season the mayonnaise to taste with lemon juice, salt and pepper.
- 7. When ready to serve, stir the mayonnaise through the broccoli and fennel. Add the red onions (you can add some of the soaking vinegar too) and the drained cranberries.

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