

CHOCOLATE MOUSSE

Prep: 20min - Fridge 3 hours - Serves 6 - Easy

40g butter 250g good quality milk chocolate 6 eggs + 2 egg whites a pinch of salt

- 1. Melt the butter and the chocolate over a low heat, stirring constantly to not let the chocolate catch. Once smooth, take off the heat pour into a big bowl and let it cool down for a bit.
- 2. Separate the eggs and add the egg yolks to the chocolate mixture, stirring vigorously after each egg yolk is added, so that the yolks don't get hot.
- 3. Put the egg whites into a separate bowl, add a pinch of salt and beat with an electric whisk until really stiff.
- 4. Add a spoonful of egg white to the chocolate mixture and stir so that the chocolate becomes a bit more runny. Now, add the remaining egg whites in three parts, each time gently folding them into the chocolate mixture with a wooden spoon of silicone spatula. You want it to remain nicely fluffy, so don't beat the mixture.
- 5. Once all the egg whites are incorporated, pour the mousse into four small bowls, cover with cling film and put in the fridge for 3 hours or overnight.

